



Grocery Delivery Program Volunteer

Program Description: Our grocery delivery program helps ensure seniors can safely and reliably receive groceries on a weekly basis during the pandemic. Orders are placed, picked up and delivered (contactless) by ESS staff and drivers.

Volunteer Role & Commitment Requirements:

Join our volunteer team and help us remove barriers to seniors accessing food while they remain safe at home.

6-8 volunteers are needed to support ESS' Transportation Team with grocery/food deliveries.

The Volunteer is required to:

- Strictly adhere to public Health Guidelines re: Covid-19 and additional ESS' Health & Safety protocols (training/orientation will be provided);
- Communicate in English (oral and written);
- Ride in an ESS-approved vehicle with a qualified ESS driver;
- Picked up from and dropped off at his/her home, if preferred/needed or report for volunteer duties at 525 Horner Ave (Alderwood ADS);
- Be provided with necessary PPE;
- Be able to independently carry up-to 50 lbs (boxed or bagged groceries/food);
- Be able to independently get in and out of a minivan (two steps up/down);
- Be in good physical health to walk to/from grocery stores, clients' homes and/or community centers, carrying groceries/prepared food (use of carts for heavy items);
- Be able to sit at the last row of the ESS vehicle to maintain 6ft physical distance (not permitted to sit in the front passenger seat, next to the driver);

- Be willing and able to commit to a consistent schedule for a period of no-less than 3 months, as follows:

Day of the week/Frequency	Estimated Time Frame	Volunteers Needed
Wednesdays/Weekly	12:30 – 4:30	1
Thursdays/Weekly	12:30 – 4:30	2
Thursday/Bi-weekly	8:00 – 2:00	2
Friday/Weekly	12:30 -3:30	1

- Possess a CLEAR vulnerable-sector police check or consent to ESS submitting an application to Toronto Police Services (cost will be covered by ESS);
- Basic math skills are considered and asset (helpful when paying for groceries and reconciling receipts).

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